



Loudon Park, 4295 Victoria Ave, Nanaimo, BC, Canada, British Columbia V9T 2A9

Email: nanaimo.rowing@gmail.com

Website: nanaimorowingclub.com

Job Posting

Position Title: Afternoon Junior Rowing Coach

Location: Nanaimo, B.C.

Start Date: ideally April 1, 2025-but may start earlier or later

Program Hours: Monday to Friday 3:45-6pm

Overview: The Nanaimo Rowing Club (NRC) was established in 1992 at Loudon Park on the beautiful and sheltered Long Lake. On water rowing is possible for most of the year as the lake rarely freezes. Nanaimo is a beautiful oceanfront city with a growing population of 105,000. Nanaimo offers a wonderful lifestyle offering urban convenience while still surrounded by natural beauty and amazing access to outdoor pursuits and nature. It is only a short ferry ride to Vancouver and has a growing airport as well.

Nanaimo Rowing Club provides a community environment to foster a passion for both recreational and competitive rowing in our Junior, Senior and Masters athletes. Like the city, the club is growing as well. We are looking for a head coach with a passion for rowing and enthusiasm to lead, support and nourish our growing program. We are looking for someone with a positive attitude and great communication skills who will have the support of a fun and friendly executive board and a very organized and enthusiastic Boathouse and Equipment manager.

Purpose of the position:

To oversee and instruct the Junior NRC afternoon program, delivering a quality experience for both recreational and competitive rowers while ensuring athlete safety by adhering to all NRC safety guidelines.

1. To promote the values of the NRC and the sport of rowing in the community
2. To assist with day-to-day administration of the Club in regard to the junior program with support from the executive
3. To work cooperatively with the other club coaches to build and support the NRC Junior program.

Qualifications:

- Pleasure boat Operators license required
- RCA Performance Coach or working towards this qualification*
- Strong knowledge of boating safety
- Knowledge of rowing mechanics, fundamentals and techniques
- Basic First Aid
- Strong interpersonal and communication skills
- Leadership skills and ability to work effectively as a member of a team
- Experience working with youth an asset
- Meeting RCA "Every Coach Certified" qualifications*:
 - NCCP Coach initiation in Sport
 - NCCP Rowing Essentials
 - NCCP Make Ethical Decisions
 - Criminal Record Check and Vulnerable Sector check
 - NCCP Safe Sport module

*For the right candidate NRC will support additional necessary coach certification

Responsibilities:

1. To promote the philosophy, principles and priorities as established by the Club

- a. Always exhibit the values of fun, sportsmanship, dedication to the sport and team spirit that is expected of any coach
- b. Recognize the responsibility as a role model for the athletes
- c. Promote a positive and cooperative atmosphere and encourage camaraderie among members.
- d. Promote and work within the model of Long-Term Athlete Development
- e. Ensure athletes are aware of opportunities to row for Zone, Provincial and National Teams and to help facilitate those opportunities.
- f. Support and facilitate training for athletes to meet selection requirements set out by governing bodies, i.e. RCA Trials, Selection Camps.

2. Assist with setting a monthly calendar for Junior and applicable Learn to Row Programs

Expected normal spring, fall and winter program hours include Monday- Friday 3:45-6 pm with sporadic additional weekend hours while attending Junior regattas.

Summer program hours will vary and be decided by the Executive after consultation with the Junior coach for availability. Typically, 2-3 additional summer program coaches are hired dependent on funding from Canada Summer Jobs program to help facilitate summer programs

Break for Christmas, Break in summer before school starts.

- a. Manage and post Junior afternoon and regatta rowing schedule in team app
- b. Ensure team app is up to date
- c. Provide reasonable notice if time off is required and work with part-time coaches to fill in schedule if time off is needed.

3. To work in cooperation with other program coaches and the Executive to coordinate coaching programs and goals

- a. Attend coaches' meetings on a regular basis or as needed
- b. Provide yearly training plans for rowers
- c. Keep any program coaches informed of upcoming events and regatta information, training opportunities and information, as well as associated deadlines, to pass onto their athletes
- d. Provide resources to promote the technical recommendations of Rowing Canada

4. Ensure safety standards are clearly communicated and upheld

- a. Work with the Registrar and program coaches to ensure that all Junior rowers are registered prior to on-water sessions and follow NRC safety policy and RCA rowing safety guidelines
- b. Review safety policy annually or as needed with the Executive
- c. Issue Safety Advisories including invoking of cold-water rules and heat advisories related to the Junior program

5. Lead the organization of attendance at junior regattas, junior training events and other functions with the support of NRC Executive.

- a. Ensure all proper registrations are in place for all the rowers in all events and to act as the club representative at events
- b. Approve crew lists
- c. Arrange transportation of equipment with the support of NRC Equipment and Boathouse Manager
- d. Allocate equipment as necessary with the support of the NRC Equipment and Boathouse Manager

6. Provide recommendations to the Executive on matters to improve the functioning of the Club and to enhance the enjoyment and skill level of all rowers

- a. Attend all Executive meetings or appoint a representative
- b. Report any major changes or issues with day-to-day operations
- c. Provide notable results from regattas to the Executive to be submitted to local media

7. Work with the Executive to enhance the communication among athletes, other coaches and parents to ensure we are a high-performance organization dedicated to constant improvement in all things we do

8. Work with the NRC Equipment and Boathouse Manager to ensure appropriate equipment is available.

9. To work with the NRC Equipment and Boathouse Manager and members, to ensure equipment is properly cared for and the club facilities are maintained

10. Actively promote the club and the sport of rowing within the community.

11. Engage in professional development to remain appraised of changes in the field to promote best practices.
12. Complete other tasks as directed by the club Executive.

Compensation: \$20-\$27/hour based on experience and qualifications. Our club is still being rebuilt from COVID and with a continued increase in membership, we hope to be able to offer increased wages soon.

To apply, please submit a cover letter for the JUNIOR ROWING COACH POSITION, resume and 2 references to NRC President Jennifer Mckenzie at nanaimo.rowing@gmail.com and feel free to email with any questions regarding this position. Thank you for your interest in our club.